



| Large 25 Meter Pool Schedule | | | | | | Average Temp: 84° |
|---------------------------------|------------------------------------|-------------------------------|------------------------------------|-------------------------------|------------------------------------|--------------------|
| | MON | TUES | WED | THURS | FRI | SAT |
| 6-9AM | Lap Swim | | | | | 9-10:45AM |
| | | Masters Swim 3 lanes 7-8 | | Masters Swim 3 lanes 7-8 | | Lap Swim |
| 9-11am is Sensory Friendly Time | | | | | | 11-11:45AM |
| 9-10:45AM | Lap Swim | | | | | Aqua Class Deep |
| 11AM-12PM | Aqua Class Shallow | Ind. Exercise +4 Lap lanes | Aqua Class Deep | Ind. Exercise +4 Lap lanes | Aqua Class Shallow | 12-12:45PM |
| | | | | | | Ind.Exercise |
| 12-12:45PM | Independent Exercise | | | | | 1-4:30PM |
| | | +4 Lap lanes | | +4 Lap lanes | | |
| 1-3:45PM | Rec Swim | Lap Swim | Rec Swim | Lap Swim | Rec Swim | Rec Swim |
| 4-6PM | Youth Swim Club +1 Lap lanes | Open Swim | Youth Swim Club +1 Lap lanes | Open Swim | Youth Swim Club +1 Lap lanes | SUN |
| | | | | | | 9-12:30PM |
| 6-7PM | Lap Swim | Open Swim | Lap Swim | Open Swim | Lap Swim | Open Swim |

Rec Swim: Recreational swim with any 1 of 3 Large pool amenities at one time, and small pool fountains
Open Swim: Includes 1/2 Large pool for lap swim and 1/2 Large pool for recreational swim/exercise

| Small Therapy Pool Schedule | | | | | | Average Temp: 94° |
|---------------------------------|---------------|-----------------------------------|---------------|-----------------------------------|---------------|--|
| | MON | TUES | WED | THURS | FRI | SAT |
| 6-10:45AM | Open Swim | | | | | 9-4:30PM |
| | Lessons 9-11 | | Lessons 9-11 | | | Open Swim |
| 9-11am is Sensory Friendly Time | | | | | | Lessons 9-11a |
| 11AM-1PM | Ind. Exercise | Warm Water Exercise 11a-12p | Ind. Exercise | Warm Water Exercise 11a-12p | Ind. Exercise | *Fountains and amenities after 1p for Rec Swim |
| 1-4:45PM | Open Swim | | | | | SUN |
| 5-7PM | Open Swim | Lessons | Open Swim | Lessons | Open Swim | 9-12:30PM |
| | | | | | | Open Swim |

Spa available to ages 16+ during all open pool hours

Average Temp: 103°

--Small Pool closes to the public during classes and swimming lessons

--Mon Spa temp is average of 98° after 1pm maintenance -1st Monday each Month Spa is drained @1pm